

# THE CHURCH OF THE NATIVITY

ABERFOYLE PARK CATHOLIC PARISH NOTICE 25 March 2020

*Tel. no. 08 8270 2158 – (leave a message and your number as church office is not open on all days);*

*For urgent communications (Sacrament of Anointing) 0480 100 517*

*Email: [abnativity@adam.com.au](mailto:abnativity@adam.com.au)*

*Face book -THE CHURCH OF THE NATIVITY, ABERFOYALE PARK.*

*Praise God we have a Website: <https://www.nativityparish.com.au>*

**WEEKEND MASSES AND YOUR PRAYER TIME:** In view of the current suspension of masses and public liturgies, Catholics of the Archdiocese are dispensed from their Sunday obligations until further notice by the bishop. **However the faithful are encouraged to set a prayer time on weekends at least, at home with reading of scriptures (Get in touch with us via email if you want a copy of the liturgy or refer to our website).**

**REQUEST FOR SPECIAL DAILY PRAYER:** Please say the prayer of prophet Jeremiah (17:14) and use it now and then on behalf of the whole humanity:

**“Heal me O LORD and I shall be healed; save me, and I shall be saved:  
for thou art my praise”**

**HOLY WEEK:** So far the picture is not expected to change. We are regularly getting circulars and advice. The diocese is planning to stream live Holy Week and Easter services which will be celebrated privately by bishop or priests. TV Channel 44 may also be used, look out for the update. The Vatican has already approved liturgies to be conducted in such circumstances.

**THOSE WHO WISH MAY ADD TO THEIR PRAYER TIME:**

Televised Mass services or online streaming of Mass available through

[www.adelaide.catholic.org.au](http://www.adelaide.catholic.org.au);

Live at <https://shalomworld.org/specialevent/daily-mass> or

<https://shalomworld.org/watchlive>

and other sites. We are also exploring options to stream from our church, audio and video.

**SUPPORT EACH OTHER:** Let our local church come alive with prayer and service to the needy around us especially the elderly and those living alone. Send us their phone numbers and email contacts if possible. We would like to be in touch with as many as possible. We are looking at ways Vinnies and the Knights can support parishioners in need without compromising safety and government restrictions. Willing hearts can join hands to their ministry. Some other volunteers could be in regular touch with elderly, those alone or frail parishioners by telephone.

**GROUPS, MINISTRIES AND COUNCILS:** All group and ministry and council leaders are advised to comply with the government regulation on Social Distancing, number restrictions and suspend any activity of gathering of people. Meetings could be held with online help if possible.

**HOW WE CAN STILL SERVE YOU:** *Please get in touch with us by email or telephone for any need. With further government restriction to safeguard public safety amidst COVID-19 crisis, we can still serve you with some restrictions: Anointing and Holy Communion to the sick, Funeral Service/ Nuptials, Baptism (only in case of danger of death).*

**FOR FUTURE UPDATES:** You can subscribe to the Archdiocesan e-bulletin, where you will get all updates, access the latest circulars from the Archdiocese on Archdiocesan website- [www.adelaide.catholic.org.au](http://www.adelaide.catholic.org.au) ; Log on to our parish website. The parish will also launch an email campaign, for parishioners and friends who would like to receive regular updates. Those who

wish to participate may text the parish through emails to the parish or feedback page on the website or a text message to the parish emergency call number.

## **“There is rain after every draught, Easter after Good Friday”- Bishop O’Kelly**

### **How Do I Make a Spiritual Communion?**

*Below are recommendations on how to make a ‘spiritual communion’ when unable to participate in the Holy Sacrifice of the Mass. The recommendations can be adapted based upon personal and family needs.*

- Gather with others in your household and begin a time of prayer with the sign of the cross.
- Take time to read and reflect upon the readings from Sunday Mass. You can find the readings at [uscgb.org](http://uscgb.org) and a Sunday Gospel reflection on the [YouTube channel](#). Additionally, a weekly televised Sunday Mass is available to watch at [adw.org/tvmass](http://adw.org/tvmass).
- Share prayer intentions quietly or aloud.
- Pray the Lord’s Prayer.
- Pray one of the following prayers of spiritual communion (see below).
- Close with the sign of the cross.

#### ***Act of Spiritual Communion, which was recommended by St. Alphonsus Liguori:***

**My Jesus, I believe that Thou art present in the Blessed Sacrament. I love Thee above all things and I desire Thee in my soul. Since I cannot now receive Thee sacramentally, come at least spiritually into my heart. As though Thou wert already there, I embrace Thee and unite myself wholly to Thee; permit not that I should ever be separated from Thee. Amen.**

#### ***Prayer to the Most Holy Redeemer (Anima Christi)***

*Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, embolden me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within thy wounds hide me.*

*Never permit me to be parted from you.  
From the evil Enemy defend me.  
In the hour of my death call me,  
and bid me come to thee,  
that with your saints I may praise thee  
for age upon age.  
Amen.*

#### ***Pope Francis’s Prayer to Mary during the Coronavirus Pandemic***

*O Mary, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus’ pain, keeping your faith firm.*

*You, Salvation of Your People, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial.*

*Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen.*

*Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Amen.*

*(Adapted from [Vatican News](#).)*

**We thank God for our Bishop designate, Most Reverend Patrick O’ Regan.**